



Finding practitioners who truly understand Bell's Palsy is crucial. This directory connects you with vetted specialists across New York.

## How to Build Your Care Team

Your ideal care team will adapt over time. In week one, a Neurologist and Ophthalmologist are critical. By month two, a specialized Physical Therapist becomes your primary partner.

| SPECIALTY                         | ROLE IN YOUR CARE                                                                                    | RECOMMENDED NY PROVIDERS                                                  |
|-----------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Neurologist</b>                | Diagnoses the condition, rules out other causes, prescribes acute medications (steroids/antivirals). | Dr. Jane Doe<br>NYU Langone<br><br>Dr. John Smith<br>Mount Sinai          |
| <b>Ophthalmologist</b>            | Evaluates corneal health, prescribes specialized drops/ointments, fits moisture chambers.            | Dr. Sarah Lee<br>Weill Cornell<br><br>Dr. Robert Chen<br>Northwell Health |
| <b>ENT<br/>(Otolaryngologist)</b> | Evaluates inner ear structures, monitors facial nerve pathways, assesses hearing changes.            | Dr. Emily White<br>Columbia Univ.<br><br>Dr. Michael Brown<br>NYEE        |
| <b>Physical<br/>Therapist</b>     | Must have specific certification in Facial Neuromuscular Retraining. Do not use a general PT.        | NYC Facial Rehab Center<br><br>Brooklyn Nerve Therapy<br>Group            |

\*(Note: The provider names above are placeholders for the design template. Please contact Facing Forward for the most up-to-date active roster of vetted New York specialists).\*

